



## Precious Pals™



### **The Knitting Guild Association - Reaching Out to Troubled Children**

*“Children in crisis often wonder if there is anyone who cares. Precious Pals lets them know that they are cared about and loved.”*

Our Precious Pals Program provides immediate comfort to children in crisis by providing thousands of stuffed animals with knitted outfits to law enforcement agencies and other first responders all over the United States. TKGA members and conference attendees provide stuffed animals with hand-knitted outfits and bring them to conferences to be presented to local agencies.

*According to one law officer, the Pals are invaluable. The children sometimes tell the animal what happened, then the animal “tells” the investigating officer.*



### **How You Can Help**

Purchase a bear or other stuffed animal. You are welcome to use our free pattern to knit a sweater with matching pants. Knit an outfit to dress your bear. You can add your own stripes, checks, or any creative design. Bring your Precious Pal to the next conference – we will be sure they get to a child in need. Or contact your own local agencies to make local donations.

You can play a part even if you are unable to attend a conference. Simply purchase (or knit!) an animal, knit an outfit and mail it to:

The Knitting Guild Association  
1100-H Brandywine Blvd  
Zanesville, OH USA 43701-7303



## Precious Pals



### Knitting Worsted Bear Outfit A Precious Pals™ Pattern By Phoebe Muraski

Materials: Worsted Weight Yarn Size 5 & 7 Needles  
Size 5 DP Needles

Gauge: 5 sts = 1"  
7 rows = 1"

Stitches: St.st. - K 1 row; P 1 row  
Twisted Rib - K1tbl, P1

#### SWEATER

Cast On 28 sts. with smaller needles. Work in K1, P1, twisted rib for 6 rows.

Change to larger needles and work in st.st. until work measure 3". End on Wrong Side Row. Do not break yarn or bind off. CO 12 stitches at the end of the last row (for sleeve). Knit the just CO stitches (12), work twisted rib on body sts. and CO 12 sts. (for sleeve) at the end of the row.

Work sleeve sts. in st.st. and body sts. in twisted rib until piece measures 4 1/4" from bottom, ending with a wrong side row.

Next row - Working in st.st. only, K 14 sts., BO 24 sts. K remaining 14 sts. Work one side at a time in st.st. until sleeves measure 2 1/2" End with wrong side row.

Next row - K 14, CO 24, K 14. This joins all the sleeve and body sts. together.

Next row - Purl.

Work 12 sts. in st.st., 28 sts in twisted rib, and 12 sts. in st.st. until sleeve measures 4 1/4". The sleeves are now complete.

Next row - BO 12 sts., K to the end of the row.

Next row - BO 12 sts., Purl to the end of the row.

Finish the back the same as the front, remembering to switch to smaller needles for the twisted rib at the bottom.

Pick up 28 sts. on end of each sleeve for cuffs, with smaller size needles. Work 6 rows of twisted rib. BO.

Neck Edge: With smaller needles pick-up 68 sts. around.

K 4 rounds, decreasing 2 sts. on 4th round.

Next row - "K 2tog, K4". Repeat around (55 sts.).

Next row - K one round.

Next row - "K 2 tog, K 3". - Repeat around.

Work 3 rounds of K 1tbl, P 1 rib. BO.

Sew side and sleeve seams.

\*\*\*\*\*For bear with shorter arms, CO 5 sts for each sleeve.

#### PANTS

CO 34 sts. with smaller needles. Work twisted rib for 6 rows. Change to larger needles and work to desired length to waistline. Work 6 rows twisted rib with smaller needles. BO (13" bear - 5", then rib). Make two.

To form legs: With pieces folded lengthwise, sew to proper length to the crotch, then join front sides of each piece, then back sides.

#### HAT (for 13" bear only)

CO 42 sts with smaller needles and work 3 rows of twisted rib. Change to larger needles and st.st., increasing 14 sts. on next row. Work st.st. for 5 rows.

Next row - "K5, K 2tog." repeat to the end of row. (48 sts.) Purl 1 row.

Decrease next row - "K4, K 2tog" rep. to the end of row. (40 sts.) Purl 1 row.

Dec. row - "K3, K 2tog" rep. to end.(32 sts.) Purl 1 row.

Dec. row - "K2, K 2tog." to end. (24 sts.) Purl 1 row.

Next row - "K1, K 2tog" to end(16 sts.) Purl 1 row.

Last row: K 2tog to end of row. Cut yarn, leaving a tail long enough to draw through remaining sts. and tighten. Join and sew seam.

Please send any questions or comments to:  
**The Knitting Guild Association**  
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